

Services Offered

Thank you for getting in touch regarding home-based care.

Dolphin Coast Care is dedicated to providing a comprehensive range of flexible services tailored to meet your unique needs and preferences.

Please check the boxes next to the services you require so we can match you with the most suitable carer.

All these services are available as part of any care package you choose.

Personal Care

- Bed baths
- Assistance in the shower/bath
- Dental hygiene
- Hair care
- Nail care
- Shaving
- Dressing assistance
- Toileting assistance
- Adult incontinence care

Companion Services

- Conversation and companionship
- Transportation to appointments
- Social and recreational activities
- Assistance with correspondence and emails
- Reading aloud
- Board games/puzzles/crafts

Mobility, Exercises, Stretches & Massages

- Mobility and transfer support
- Regular walks (within the client's capacity)
- Continuing a physiotherapy plan
- Continuing an occupational therapy plan
- Massages of feet, legs, arms to ensure blood flow
- Monitoring sleeping positions
- Eliminating and managing hazards in the home

Nutritional Support

- Preparing balanced meals (specific dietary restrictions, likes/dislikes etc.)
- Food preparation
- Grocery shopping
- Diet monitoring and assistance

Services Offered

Homemaking

- Washing dishes
- House cleaning (including mopping, cleaning bathrooms and even the top kitchen shelf!)
- Laundry
- Making beds, changing linen
- Looking after pets

Specialized Care

- Dementia care
- Post-surgical care
- Chronic disease management
- Palliative and hospice care

Please provide some more detail if any of the above were ticked:

Health Care

- Medication reminders and reporting
- Supply monitoring
- Weight checks
- Blood pressure monitoring
- Glucose level monitoring
- Oxygen saturation
- Assistance with medical equipment
- Pressure sore monitoring
- Coordination with other healthcare providers (we work with several health care professionals and can recommend specialists in various fields)

In regards to transport, some of our carers have drivers licences, however the majority do not. We are able to assist with arranging taxis, food shop deliveries (e.g. Checkers60) and online shopping.

With all of our care packages, a WhatsApp group will be established between your loved ones, your carer(s) and one of the Dolphin Coast Care managers. A daily update will be provided by your carer of your activities and overall well-being. We believe in open communication and transparency and find that it provides loved ones with peace of mind about the client's well-being.